



DRESSED FOR SUCCESS Brad Kennedy, who hails from Queensland, with the New Zealand Open title at Clearwater, Christchurch.

After 10 years with Ian Triggs, the man who had taken him through most of his professional career, Kennedy set out to find a new mentor. The result came in the form of Sanctuary Cove teaching professional and golf fitness specialist Michael Jones. As director of golf at Elite Golf Fitness Australia, Jones brought a new approach to Kennedy's game. "We pretty much started from the ground up and worked on aspects on my body that needed to be strengthened to allow my golf

Cove. "The support of members and the club has been instrumental to my comeback," he says.

With Jones on deck, Kennedy qualified for his first major last year—the British Open. Despite missing the cut by four shots, he insists the experience will put him in good stead next time. "It was my father-in-law's 60th birthday so the whole family went to Thailand for a week, which isn't the best preparation for a British Open. After two days back home, I flew to

The future is rosy for Kennedy. In 2010, he took a step towards life after golf by becoming involved with a Gold Coast based company called DG Biocare Group. In addition to the work with Michael Jones, he credits part of his return to peak form to the company. "Having this as an interest outside golf and knowing that I'm assisting people with their general wellness is a great thing to be a part of."

Golf-wise, this year could be even bigger for the Queenslanders. Despite the travelling challenges, he insists that should he win in Japan this year, he would be remiss not to give America a crack. "I'd be very happy to play Japan for the next five years, but having said that, finishing 29th on the Japanese OOM last year gives me the chance to go to the final stage of Q-school in America. If I were to win in Japan this year, I would definitely give American Q-school a shot. A win in Japan gives me a two-year exemption, so I could basically go to America for a year, come back and still have some status left, but if it meant leaving Japan completely, I'd have to think good and hard about it. We'll wait and see, but it's a good problem to have, definitely." ■

the Open. I was very underprepared."

Indeed, family is the constant throughout all the ups and downs of Kennedy's career. While last year was Kennedy's finest to date on the course, off the course Narelle and Brad celebrated the birth of their second daughter in April. "Obviously family life's still number one."

ing to be a lot more stable and handle the strain," Kennedy says. "I actually do a lot more training off the course now. It's juggling act between golf, family and practice to try and find the right balance. At the moment I think I've found it."

For the past six years, Kennedy has been the touring professional at Sanctuary

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The rigours of elite golf can take their toll on a player, as Sanctuary Cove touring professional Brad Kennedy knows only too well. The treadmill of constant tournaments, living out of a suitcase and dealing with jetlag can sap the energy levels of even the fittest of sportsmen.

Brad has been dealing with all of that for the 14 years he has been a professional golfer, but two years ago he found an answer to the fatigue. He started taking the natural herbal tonic G'Wellness and says he has never felt better.

"It has lifted my energy levels in general but it has also helped with my recovery from training," Brad says. "I follow a much more physically demanding training program than I used to and I find I can do a session in the

afternoon and still feel fresh to play golf the next morning."

G'Wellness, manufactured by D'G Biocare Group, is a preservative-free, natural wellness tonic made according to the ancient principles of Siddha Medicine.

Brad binned all the multivitamins and other supplements he used to take and now relies solely on G'Wellness to keep him physically and mentally alert.

Brad's improved sense of wellbeing is also paying dividends on the course. "I never thought I'd make it to the British Open or perform so well on the Japanese tour. It was only after I'd started taking G'Wellness, that I gained that competitive edge which now sees me playing the best golf of my life!"

Last November Brad won his first Australian PGA title, the WA Open, and in June this year posted a top-three

finish in the lucrative Japan Golf Tour Championship Citibank Cup.

"That's down to a combination of things," Brad says of his run of good form, "but G'Wellness has certainly helped. Golf is a tough game and I'm not getting any younger so it has helped me get physically where I need to be."

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Brad Kennedy, 2011 NZ Open Winner